



Ten Things That Matter Most

Guard your Heart – Guard your Marriage

Exodus 20:14

“You must not commit adultery.”

Exodus 20:14 and Matthew 5:27-30

In verses 29-30, Jesus instructs us to take whatever drastic measures are necessary to guard your heart.

We are all called to demonstrate _____
for us by generously sharing it with others. *John 13:34-35*

“Your love for one another will prove to the world that you are my disciples.”

_____ was designed by God to display His relationship with His bride, the church. “This is a great mystery, but it is an illustration of the way Christ and the church are one” *Ephesians 5:33*

Guard your _____ - Guard your marriage.

Guard your heart by:

- Guard your relationship with _____ .
 - Find _____ in Christ, releasing your spouse from unreasonable expectations.
 - Extend _____ to your spouse. (*Colossians 3:13*)
 - Don’t abuse the grace your spouse extends to you.
 - _____ .
- Evaluate your priorities.

Guard your Heart – Guard your Marriage

Exodus 20:14 “You must not commit adultery.”

“Today when you hear His voice, don’t harden your hearts...”

Hebrews 3:7-8

Action Steps:

- Choose to _____ in your relationships – displaying God’s agape love – err on the side of grace.
- If you are currently married, take deliberate action to _____ your time, energy, and emotions regarding your marriage relationship.
- If your heart is already hard, ask God to _____ your heart. (*Psalms 51:10, Jeremiah 3:22*)
- God does not _____ a repentant heart. He is a God of redemption. His grace begins where we are today, and leads us forward, not backwards.

NOTES
